

Bonci's Bites

2/3 cup honey roasted peanuts, chopped finely
2 cups mixed raisins/craisins (or other chopped dried fruit)
1.5 cups dry oats
2 cups Crispy rice cereal
1 cup peanut butter (creamy or crunchy)
¾ cup honey

Coat 4 ice cube trays with cooking spray.

Combine peanuts, dried fruit, oats, and Crispy rice cereal in a large bowl.

In a large bowl- combine peanut butter and honey and stir until well blended. Add the peanuts, dried fruit, oats and cereal and blend well. Use your hands.

Transfer mixture to prepared ice cube trays and press down firmly. It may help to spray fingers with cooking spray. Put in refrigerator or freezer briefly to set.

You can also roll into balls.

Yield: 48 bites: